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10th meeting of The Academic Council, GCWUF

The 10th meeting of the Academic Council at Government College Women University Faisalabad took place on July 11, 2024, chaired by Vice Chancellor Prof. Dr. Zill-i-Huma Nazli. Attendees included Ms. Sarah Hayat from the Higher Education Department, MS. Dur-e-Shahwar from the Higher Education Commission, and various esteemed faculty members and department heads from GCWUF.



agenda. Key agenda items were discussed and prepared for Syndicate approval, including proposed seat allocation. Vice Chancellor Prof. Dr. Nazli welcomed all members, while Registrar Mr. Asif A. Malik presented the plans for various degree programs for Fall 2024-25 and Spring 2025, the initiation of the Bachelor of Homeopathic Medical Sciences (BHMS), revised migration rules, and updates to the HEC Undergraduate Education Policy.

In her concluding remarks, Prof. Dr. Nazli commended the Registrar and his team for their effective organization of the meeting, as well as the contributions of academic and administrative staff. External member Prof. Dr. Ashfaq Mahmood Qureshi praised Dr. Nazli's leadership in advancing GCWUF's success. The Vice Chancellor expressed gratitude to all council members for their invaluable guidance in enhancing the university's academic and research initiatives.

MOU between GCWUF and GSCWU

Government College Women University, Faisalabad and Government Sadiq College Women University, Bahawalpur, inked a memorandum of Understanding today. Both the universities agreed to extend mutual collaboration in educational, teaching, and research domains. The MoU signing ceremony was held in the Committee Room of GCWUF. Vice Chancellors of both the universities signed the MoU on behalf of their universities. Registrar GCWUF Mr. Asif A. Malik, Controller of Examinations, Ms. Rizwana Tanveer Randhawa, Treasurer Dr. Nosheen Sayed, Coordinator Professor Dr. Saima Akram, Coordinator Professor Dr. Ayesha Sameen, Coordinator Dr. Rukhsana Baloch, and heads of all academic departments attended the ceremony.



Both Vice-Chancellors agreed on exchanging research and teaching expertise, promoting faculty exchange programs, and enhancing cooperation in improving the research infrastructure. Professor Dr. Ashfaq Mahmood Qureshi, VC GSCWU highlighted the significance of this collaboration in advancing the capabilities of female students in Southern Punjab. Professor Dr. Zill-i-Huma Nazli expressed gratitude to the honourable guest Vice-Chancellor on behalf of GCWUF.

The "Faculty Development in Summer 2024 : Workshop

The "Faculty Development in Summer 2024" program, organized by the Department of Sociology under the Directorate of Faculty Development at GCWUF, featured two enlightening sessions on child health and yoga. On July 8, 2024, Dr. Beeniah Sarwar, a distinguished nutritionist, led a lecture and interactive session on "Child Health" in the video conference room. The event commenced with a recitation from the Holy Quran, followed by a warm welcome from Prof. Dr. Aysha Sameen, Coordinator of Arts and Social Sciences. Dr. Sarwar addressed key topics such as child BMI, diverse diets, healthy food choices, and appropriate sleep patterns while examining how these factors influence child behavior. The session was highly engaging, with participants actively involved and receiving informative responses from Dr. Sarwar.

The next day, Mr. Naeem Yogi, a prominent yoga instructor, took the stage. His session began with a recitation from the Holy Quran and a formal welcome from Prof. Dr. Aysha Sameen. Mr. Yogi highlighted the vital connection between mental and physical health, demonstrating yoga poses that promote healthy weight management, improved sleep, hormone balance, and brain function. Participants had the chance to practice these poses and learn effective techniques for managing stress and anxiety through yoga. Both sessions concluded with a heartfelt vote of thanks from Dr. Sajida Parveen, Incharge of the Department of Sociology. These sessions underscored a holistic approach to faculty development, prioritizing children's and educators' physical and mental well-being.



Dr. Luqman Khan, a renowned psychologist, conducted a workshop on effective parenting strategies for the faculty of Government College Women University Faisalabad (GCWUF). The session, part of the ongoing "Faculty Development in Summer 2024" program, focused on addressing common parenting challenges.

Key topics covered included understanding the root causes of children's stubbornness, the importance of open communication between parents and children, and the significant role of fathers in child development. Dr. Khan shared practical tips and techniques to help parents navigate these challenges and foster positive relationships with their children.



The interactive session provided a platform for faculty members to share their experiences and seek advice from the experts. The workshop concluded with a vote of thanks, acknowledging Dr. Khan's valuable contribution to the faculty development program.

VC GCWUF and The Director QEC attend "QS Insights for Pakistani Universities and QSWUR Award Ceremony"

On July 10, 2024, Prof. Dr. Zill-i-Huma Nazli, Vice Chancellor of Government College Women University Faisalabad, and Dr. Aasma Khalid, Director of the Quality Enhancement Cell (QEC), attended the "QS Insights for Pakistani Universities and QSWUR Award Ceremony" at the University of Lahore. Hosted by Quacquarelli Symonds (QS) with Dr. Shahid Munir, Chairman of the Punjab Higher Education Commission, as the guest of honor, the event highlighted the progress of Pakistani universities in QS and Times Higher Education rankings over the past three years.



Dr. Shahid Munir emphasized the need for a balanced focus on research and education. Keynote speakers from QS, including Mr. Ashwin Fernandes, Mr. Rami Awad, and Mr. Zaeem Siddiqui, addressed trends and data-driven decision-making in higher education. Mr. Awad praised the excellence of Pakistani universities and noted the recent inclusion of three new indicators in the QS ranking.

During the event, Prof. Dr. Zill-i-Huma Nazli and Dr. Aasma Khalid engaged with QS representatives to discuss GCWUF's initiatives aimed at improving its QS Ranking. The Vice-Chancellor reaffirmed the university's dedication to continuous enhancement and educational excellence.



